The mission of the City of Monroe Parks and Recreation is to ENHANCE the lives of its citizens and visitors by ENCOURAGING a healthy lifestyle and offering SAFE AND QUALITY parks and recreation experiences that highlight our area's NATURAL AND CULTURAL RESOURCES

CITY OF MONROE Michigan

Summer 2019

Parks & Recreation

Adult Recreation
Sand Volleyball 40+ 2
Coed Adult Sand Volleyball League 2
Summer and Fall Adult Soccer Leagues 3
Women's Indoor Volleyball League 3
Frequently Asked Questions for Adult Sports 3
Free Women's Self Defense Class 3

General Recreation Programs
Monday Fun At Manor Park - Pickleball, Corn Hole, Badminton 4
Line Dancing for Everyone - Beginner and Experienced 4
The History of "Leisure at the Lake" 5
Bird Watching 5
Pop Can, PVC and Cane Pole Fishing 5
Puppy & Dog Classes 6
Community Gardens 6
Free Bike Maintenance 6

Youth Activities
Tot Lot 7
Track & Field 7

Free Summer Entertainment in the Park
Concerts In The Park and Sponsors 8
Court Dances 9
Art Appreciation in the Park 9

Free Fitness in the Park for all Ages
Tai Chi 10
Kids Yoga 10
Story Time 10
Yoga for Teens & Adults 11

General Information
How Can We Help You? 12
Meet Our Staff 12
Stewardship Monroe Volunteer Program 13
Park Rules and Regulation Refresher 13
City Department Information 14
Park Shelter Reservations 15
Detroit Zoo Discount Tickets 15
Drop Box Registration 15
Mission Statement 15

Registration Form 16

ADULT RECREATION

SAND VOLLEYBALL FOR 40 AND UP

A **FUN** new program for those of you 40 years and older! Get a little exercise while meeting new people! No big time commitment, just one evening per week! No awards given, just court time and fun! No need to register a team! Players are divided up about 6pm each week, # of players on court depends on # present, everyone must register using the registration form at the back of the newsletter or on the city website.

When: 7 Mondays starting July 8-August 19, 6-8pm, depending on # of players registered, game times may need to be assigned

Location: Munson Park sand volleyball courts

FEE: $35.00 total cost for each player, late registrants accepted only if spots available

DEADLINE TO REGISTER: JULY 1

In order to run this program we must have a minimum # of players registered by July 1st .

ADULT (17+) COED SAND VOLLEYBALL LEAGUE AT MUNSON PARK

When: May 28- Aug 20 (No games on July 2), Tuesday evenings. Some make up games may be on Thursday, if needed.

Time: 5:30, 6:15 or 7:00pm, depending on # of teams

Length: 12 weeks of play

Team Fee: $180.00 includes everything but refs

Official Fee: $9 per team per game to be paid on the field – 1 official system

May 10: Deadline for all teams to submit team fees, team entry forms and completed roster with addresses/birth dates (signature page is due before first game starts)

NEW!

FREE Women's Self Defense Class

Todd Williams, owner of Monroe Jiu Jitsu, will instruct this class at St. Mary's Park on **Tuesday, July 16**, 7:00pm - 7:45pm. Young teens through seniors will be taught how to defend themselves should they be attacked.

Participants should pre-register no later than Friday, July 12th at noon by filling out the registration form in this newsletter, or stopping in the Parks & Recreation office. There is a minimum number to hold the class so please sign up early! The drop box is always available if you cannot get here during regular business hours.

SUMMER AND FALL ADULT (17+) SOCCER

WHEN: Summer games begin 07/14/19, 6 games on Sunday afternoon/evenings

WHERE: Munson Park soccer fields

REGISTER: In person, NEW Drop Box (on side of City Hall off Macomb St. parking lot), mail to City of Monroe Parks & Recreation: 120 E. First St, Monroe, MI 48161

FEE: $45 ($55 after June 28) Cash, Check or Credit Card (fees apply-no phone registrations) . Includes team t-shirt. Checks payable to City of Monroe.

*See Frequently Asked Questions section for registration information

*****Fall adult soccer starts in September so watch for the registration form!*****

WOMEN'S (17+) INDOOR VOLLEYBALL LEAGUE

Thursday games starting mid-November-Feb/March
Watch the flyer on the city website and Facebook in August!

FREQUENTLY ASKED QUESTIONS FOR ADULT SPORTS

How old do you need to be? Most leagues are ages 17+

How do we pay? Adult Softball and Volleyball - Pay the team fee with the completed team entry form and completed roster at the Monroe Parks & Recreation Dept. (cash or check payable to Monroe Recreation Dept, Credit card-fees apply), through the mail, or use the City Payments Drop Box located on the south side of City Hall off of parking lot. **Adult Soccer** - registration fees are per player and can be paid through the above ways

What forms do we need? Team entry form, roster and player signature page are available in our office, on our website, www.monroemi.gov, and through email (signature page can be turned in right before 1st game), **Adult soccer** - individual registration form available in office, online and through email

Where can I get a schedule: Email recreation@monroemi.gov for a schedule

How can I find out about rainouts & cancellations? Info regarding cancellations may be listed on the schedule or posted on Facebook

GENERAL RECREATION PROGRAMS

NEW PROGRAM!

MONDAY FUN AT MANOR PARK!

Join us on Mondays this summer for some fun games, Cornhole, Pickleball and Badminton! Come alone or bring the family! All the equipment you need is there, for you to use. Participants will register at the park before they play. Youth 12 and under must be accompanied by an adult. This is a **FREE** program!

Just a reminder there is no alcohol or smoking at our city parks.

When: Mondays, June 3-August 26, 6-8pm
Where: Manor Park (parking lot is at 445 Donnalee Dr, at the back of the property behind Manor School)
Cost: **FREE**

– **Cornhole** boards will be out during this time and ready for use!
Bring the family or come by yourself!
Rules will be provided if you are not familiar with the game.

– Drop in for **FREE** beginner **pickleball** lessons! Equipment is provided so you don't need to bring anything. All ages are welcome from young teens through seniors! Come alone or bring a friend to learn with you! The rules will be provided and someone will be available to demonstrate the basics!

If you are not familiar with Pickleball, it is a fun sport that combines aspects of tennis, badminton and ping pong. Since the court is smaller than a tennis court there is less area to cover which makes it popular for many ages. If you have not tried it yet you should put it on your calendar to try it out for **FREE**!

*For those of you who already know the game and have your own equipment, feel free to stop at Manor Park at other times during the week. There are often players at the courts on Tuesday mornings or evenings, and Thursday mornings who may be interested in a game!

– **Badminton** nets will be set up and the racquets will be there to borrow so bring yourself, friends and family to the park for a fun game of badminton! Rules will be provided if you are not familiar with the game.

FREE Fun For All!

Bring The Whole Family!

LINE DANCING ON THE COURTS! BEGINNERS WELCOME!

If you want to learn how to line dance, or already know how, come out to the St. Mary's Park tennis courts on **Friday, August 23**, 6-7:30PM to have some fun while listening to some great music!

Heidi Linsenmeyer will be there to lead the group as they line dance to some favorites!

Whether you have no idea what you are doing or are an expert we would love for you to come out and join us!

This is a FREE night of fun for the whole family!

THE HISTORY OF "LEISURE AT THE LAKE"

Looking for ways to cool off this summer? Does it include going to the beach? Going to a special restaurant? Did you know that Monroe was once a resort town and in their first two-month season had over 80,000 visitors! People from Monroe, Detroit and Toledo flocked to the beaches along Monroe County in turn-of-the century steamers and yachts for "bathing," eating a famous chicken dinner at its beach side hotel and Fourth of July regattas.

Have you heard about the early Monroe government canal that forever changed the River Raisin's future? Explore with us this lakeshore area and learn about the Monroe Piers, the Monroe Marsh Club, the Monroe Yacht Club and so much more.

Join us at the museum in air-conditioned comfort (sorry, no lake breezes or sand) for the 3-part summer series "Leisure at the Lake." The first two sessions in June and July will be on the evolution and demise of the Monroe Piers, the Monroe Marsh Club and the Monroe Yacht Club, and other activities. The final session in August will conclude with the development of the "Commodore" Sterling State Park. The Park is celebrating its place in the 100th anniversary of the formation of Michigan state parks.

This summer history series is through a partnership with the City of Monroe Parks and Recreation Dept. and the Monroe County Museum. Questions, please call Lynn Reaume, Curator of Programs, Monroe County Museum 734-240-7784.

Dates: Wednesdays, June 26, July 17, August 28

Times: 10am and 6pm (the same content at both times), the program lasts about one hour

Cost: FREE, Although this is a FREE program participants must complete a registration form that is available in the Parks & Rec Dept, online or at the museum.

Location: Monroe County Museum,
126 S. Monroe St. Monroe, MI 48161

BIRD WATCHING

Take this free opportunity to learn a lifelong free recreational skill that naturally encourages stewardship of our resources! Join us on an outing geared for any age to begin watching for, and listening to, birds. No prior knowledge is needed. Binoculars are provided.

One parent's response: "My children went on a bird walk last summer at Munson Park and loved it! Not only did they search the woods for birds, they learned to listen for their songs, and Loretta showed them how to look up birds in identification books. Even my 2-year-old enjoyed using the binoculars. Now, they look for birds everywhere and even wanted binoculars for Christmas!"

When: Thursday, June 20, 10-11 am

Where: Veteran's Park, Shelter at East end of park (by Telegraph and parking lot)

Fee: Free! This is a free program but registration is required.

Deadline to register: June 17

Ages: Ages 5 and up welcome, but youth must be accompanied by an adult

POP CAN, PVC, AND CANE POLE FISHING

With the tremendous changes to the River Raisin, great fishing is now in our backyard! Learn the basics of how to fish without expensive equipment. We will learn about the types of local fish and easy casting techniques. Supplies will be provided. Participants ages 17 or older will need to purchase a fishing license.

When: Friday, June 14, 9:30-11:30am
Where: Hellenberg Park, (1299 E. Front St)
Ages: 6 through adult (youth must be accompanied by an adult)
Maximum: Minimum 4, maximum 10
Deadline to register: June 10

SUMMER DOG CLASSES!

Instructor: Cheryl Wassus, AKC approved Canine Good Citizenship Evaluator

Location: Front of Munson Park, next to the skate park

Dates: 6 Sessions on Mondays-July 8, 22, 29, Aug 5, 12, 19, NO CLASS 7/15

Class Limit: 10

Fee: Per Each Program Below

City Residents: $60.00, Non-City Residents: $75.00

Bring proof of age appropriate vaccinations to first session, all dogs on lead .

Special instructions: no e-collars, no prong collars, no retractable leads for any of the classes.

To register for one or more classes please use the form at the back of this newsletter.

PUPPY TRAINING

The AKC S.T.A.R. Puppy program is an exciting new program designed to provide puppy owners with all things puppy; housetraining, chewing, coming when called, and more. The American Kennel Club believes all dogs deserve training and a responsible owner. Get information on housetraining, chewing, and practical skills.

The AKC S.T.A.R. PUPPY test will be administered at the end of the program. Participants will then get an application to send to AKC to receive an AKC S.T.A.R. Puppy Diploma and Medal. Dogs should always be on a leash. No retractable leads. Any dog, any breed or mix is welcome. Puppies should be 1 year old or under.

Time: 5:30-6:15pm

GOOD CITIZENSHIP CLASS

The Adult AKC Canine Good Citizenship Class is aimed at helping dogs attain a certificate of "Good Citizenship' in the following areas:

1. Accepting a friendly stranger
2. Sitting politely for petting
3. Good appearance and grooming
4. Out for a walk
5. Walking through a crowd
6. Coming when called
7. 'Sit' and 'Down' on command/staying in place
8. Reaction to another dog
9. Reaction to distractions
10. Supervised separation

Upon completion of the course, dogs are eligible to receive the Canine Good Citizen title if they pass in all areas. Dogs should always be on a leash. No retractable leads. Any dog, any breed or mix, 6 months or older is welcome.

Time: 6:30-7:15pm

NEW! SUMMER DOG OLYMPICS!

Join us at Munson Park for six sessions of fun with your dog! Owners and their dogs will use teamwork while playing games and using agility equipment to complete tasks. At the end of the six weeks there will be a timed event so you can see how much your dog has learned!

This is a great way for owners to have fun with their dogs! All ages and breeds are welcome!

Time: 7:30-8:15pm

COMMUNITY GARDEN PLOT RENTALS

Don't have a space for a garden but love fresh fruits and vegetables? Think about renting a garden plot at Munson Park!

Growing your own food is an attractive alternative to the high prices of grocery shopping, and it also gives you a sense of pride watching your garden produce healthy choices for your family and getting exercise at the same time! Tilling and general maintenance of the plot is up to each renter, and for those renters who do not have access to a rototiller, a date in May will be set up so gardeners can get some help with that. Water is available at the site, but gardeners need to supply their own hoses, tools, plants, soil amendments and fertilizers. Thanks to the volunteers, a composting bin is available for community garden use.

Garden plots are available to rent in the Recreation office. Renters may plant as early as they would like. Through Memorial Day there is a rental limit of one plot, and after that date renters may sign up for an additional plot. Lot renters have the ability to keep their plot from year to year if they sign up for it in January.

Lot Size 20' x 20'	Lot Size 10' x 10'
Fee City of Monroe Resident - $22 Non-Resident - $24 Senior Fee (Ages 62+) City of Monroe Resident - $16 Non-Resident - $18	Fee City of Monroe Resident - $12 Non-Resident - $14 Senior Fee (Ages 62+) City of Monroe Resident - $10 Non-Resident - $12

IMPORTANT DATES

January 1-31: Previous year renters may sign up to rent last year's plot

February 1: City of Monroe residents may reserve a plot

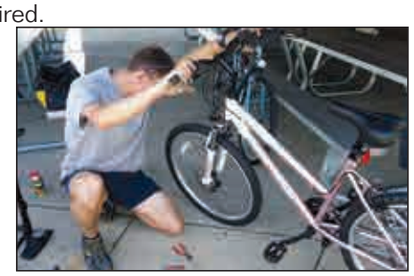
March 1: Non-city residents may reserve a plot.

Memorial Day: Current renters may sign up for additional plots if available.

Munson Park is open 7 am until 10 pm, 7 days a week!

FREE BIKE MAINTENANCE

Learn what things need to be done to prepare your bike for summer. Bike maintenance should be performed each year to get the longest life and smoothest ride from your trusty bicycle. Bring your bike and learn how to do an annual checkup, adjust seats, breaks, and handlebars along with many other good tips. Don't let those brakes squeak another summer! This is a free activity, but pre-registration is required.



When: Saturday, June 22, 10:30-11:30am

Where: St. Mary's Park covered shelter

Instructor: Robert Krueger

Registration Deadline: June 19

TOT LOT

A FUN, SUMMER PLAYGROUND PROGRAM

Tot lot is a free drop-in program offering children an opportunity for safe, supervised play. Activities will include daily offerings of craft projects (some of which may require a nominal charge), games and athletic activities. City-wide events and local field trips will also be part of the program.

Tot Lots are open at various city parks during the day, Monday-Thursday, and in the evening at Munson Park. (Hours are listed below) Parents who play softball, parents of youth playing at the Munson Youth fields, and parents who would like to walk around the park for exercise can now have their children; ages 5-12 engaged in some quality playtime at Tot Lot in the evening. Crafts, games, and just plain fun!

Ages: Youth ages 5-12 (must have completed kindergarten). Children under the age of 5 are welcome with appropriate supervision. Transportation is the responsibility of the parent, and children are free to come and go at will, so please make sure your child has a supervised place to go should the lot close due to inclement weather or unforeseen circumstances. No pre-registration is required; however, parents are required to complete an emergency contact information form for their child to participate.

Dates: Opening day is Tuesday, June 18th with the program ending on Thursday, July 25th. Lots will be closed on July 4th. Tot lots are open Mondays-Thursdays.

Daytime hours: 10:00am -12:00 noon, 1:00pm - 3:30pm
(Lots are closed for lunch from noon – 1:00pm.)

Afternoon/Evening Hours: 3:30pm-8:00pm (Munson Park only)

Arbor & Lorain Park, 502 E. Lorain St.
Boyd Park, 321 Harrison St.
Father Cairns Park, 802 W. Eighth
Hoffman Park, 831 Jennie Place
James & Hendricks Park, 1349 N. Roessler St.
Manor Park, 445 Donnalee Dr.
Munson Park, 2770 N. Custer Rd, (AM and PM)

TRACK AND FIELD

This six session (3 weeks on Tuesdays & Thursdays) program for boys and girls ages 6 –12 will teach fundamentals of track and field events. Kids will improve their physical fitness, learn teamwork, and learn more about the sport of Track & Field! Each session will include instruction followed by some low-key competition on the track. Events include long jump, high jump, 50, 100, 200, 400-meter dashes, 800-meter run, 4 x 100-meter relay, and more.

Dates: Tuesdays & Thursdays, July 9-July 25, 6:30-8:00 pm
Location: Monroe High School Track
Fee: $33.00 for City Residents and $45.00 for Non-City Residents.
Registration deadline: July 5

Track & Field is sponsored by Tenneco

TENNECO

2019 FREE Summer Entertainment in the Park

All concerts are on Thursdays, 7pm at the St. Mary's Park Band Shell (111 W. Elm, Monroe, MI). Concerts held rain or shine at the park.

Court dances are from 6:30-8:30pm on the tennis courts. Events cancelled for inclement weather may be posted on Facebook on the City of Monroe, MI Parks & Recreation Dept page. Please bring chairs or blankets to sit on.

SPONSORED BY LA-Z-BOY, ITC HOLDINGS, AND DTE ENERGY FOUNDATION

REMINDER: NO SMOKING OR ALCOHOL IS ALLOWED IN CITY PARKS

MAY

May 16: 7pm Monroe High School Jazz Band The Monroe High School Jazz Band is a select group of hard-working, passionate MHS students; this group regularly performs at local events and regional festivals, including annual performances at Central Michigan University and in Sylvania, Ohio.

May 23: 7pm Intermediate School District Come out to the park and support the talented Monroe County ISD students as they perform for us!

May 30: 6:30pm Court Dance Come out to the tennis courts and listen to DJ Bruce Bezeau play some great music from the 50's and 60's, along with some other favorites. Whether it is The Twist or a line dance, it is a fun night to visit with friends and hear some great music! Everyone is welcome to join in the dancing! Classic cars may be on display from the Michigan Muscle Cars, Monroe Area Street Rods, and local clubs. Come watch the artists from the Monroe Art League as they set up their easels in the park and paint! It is a fun night for all ages! Don't forget your chair, and if the grass is damp there is always room to set up your chair or blanket on the tennis courts!

JUNE

June 6: 7pm Dixie Highway It's time for a little country! Join local husband and wife duo who have been performing together for years. Bring a chair and listen as they perform both your old and new country favorites with a touch of classic rock.

June 13: 7pm Katie & Jordan A dynamic acoustic duo from Sylvania, OH, they play timeless hits from the 60's to today. They hope you enjoy their music as much as they do!

June 20: 7pm Killer Flamingos This band, made up of seasoned professionals, has a reputation for excellence! They perform Top 40 hits across the decades, from the 80's to current, along with other favorites. Whether entertaining at an upscale wedding or a large festival, they know how to please the crowd! Bring a chair, invite some friends and be ready for a great show!

June 27: 7pm Collision Six Passionate about what they do, this fun, energetic and versatile cover band will create an unforgettable evening at the park! Collision Six travels to many locations playing in Michigan, Illinois and Ohio, so they know how to entertain the crowd! They will have you dancing to popular music of the 70's, 80's and 90's, along with other rock and country favorites!

JULY

July 11: 7pm Lookin' Back Bob Seger This tribute band is comprised of seven Detroit-area musicians united in keeping the music of Bob Seger performed at its highest level. Performing with original Silver Bullet Band members Alto Reed & Charlie Martin in 2011-12, along with opening for national acts Loverboy and Average White Band, Lookin' Back's highlights are numerous!

July 18: 7pm Soundproof Join these talented musicians as they perform some Motown and R & B favorites! They will have the audience grooving in their seats and on the dance floor to the music of Marvin Gaye, The Temptations, Stevie Wonder and more!

July 25: 7pm Shout! This tribute to the Beatles is one of Monroe's favorites! Enjoy hit after hit as they perform the Fab Fours best in the Summer Concert Series! We could listen to this music Eight Days a Week. Bring your chair early for a prime spot!

AUGUST

Aug 15: 6:30pm Court Dance

Thank You!

Thank you La-Z-boy, ITC Holdings, and DTE Energy Foundation!

The Parks & Recreation Department strives to offer programs and events to increase the quality of life for our residents and visitors. Three community partners; La-Z-Boy, ITC Holdings (those major power lines and station you see on Maple Blvd and throughout Sterling State Park), and DTE Energy Foundation have been major sponsors for our Concerts in the Park series. Without their partnership, we would be unable to provide the level of service in our programs. The City of Monroe is very appreciative of the support from our partners in the community!

LA-Z-BOY™ We Make The Rooms That Make A Home.™

ITC

DTE Foundation

COURT DANCES AT ST. MARY'S PARK!

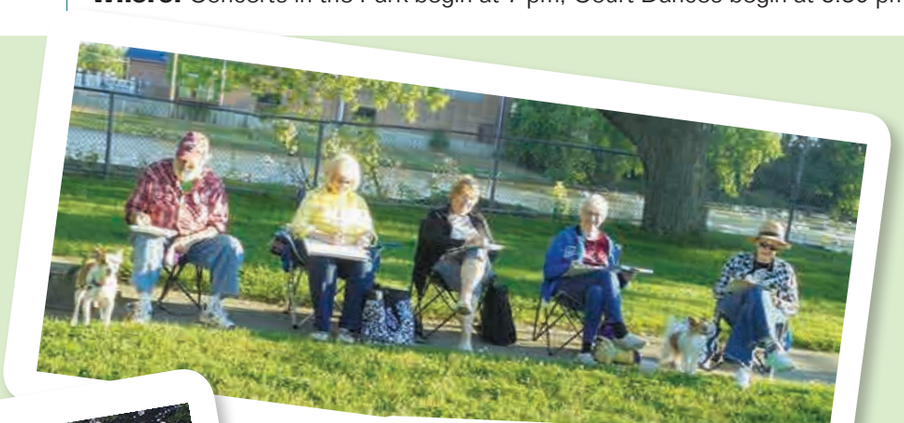
Come out to the tennis courts and listen to some great music from the 50's and 60's, along with some other favorites played by DJ Bruce Bezeau. Everyone is welcome to join in the dancing or just hang out and visit with friends under the shade trees! Classic cars may be on display from the Michigan Muscle Cars, Monroe Area Street Rods, and local clubs. Come watch the local artists from the Monroe Art League as they set up their easels in the park and paint! It's a fun night for all ages! Don't forget your chair or blanket. If the grass is damp there is room for chairs and blankets on the tennis courts!

When: Thursdays, May 30 & Aug 15, 6:30-8:30pm
Where: St. Mary's Park Tennis courts
Cost: Free

ART APPRECIATION IN ST. MARY'S PARK!

Are you interested in art but not sure where to start? Do you enjoy a beautiful painting? Are you an artist who would enjoy seeing how others create? Come to enjoy watching the creative process, or introduce your children to the fine arts. Area artists from the Monroe Art League will set up their easels in the park and paint while the music plays. Feel free to sit close or amble over to watch them create. 'Plein Air' (French for "in the open air" artists paint in the outdoors with natural light and take their inspiration from direct surroundings. This is a good chance to get up close and personal with art, maybe it is something you would enjoy going home and trying!

When: Thursdays, May 16 – July 25, and Aug 15, at the concerts and court dances
Where: Concerts in the Park begin at 7 pm; Court Dances begin at 6:30 pm



Don't want to dance? Watch friends and family enjoy the Court Dances on the St. Mary's Park Tennis Courts!

Enjoy fantastic music with friends and family at the Free concerts in St. Mary's Park!

FREE EXERCISE IN THE PARK

FITNESS AND FUN FOR ALL AGES!

Join us this summer at St. Mary's Park for free drop in fitness and fun! All ages and levels of ability are welcome (with modifications when necessary), but youth must be accompanied by an adult. These classes are designed for participants who are healthy enough to begin an exercise program and are able to move on and off the ground. If you are concerned with conditions that would keep you from being able to do this, please contact your physician. Participants will need to fill out a registration form when participating so arriving a few minutes early will help you get registered, and find a spot to exercise. **Incorporating physical fitness into the great outdoors uses all the senses and these classes advance to a whole new level when surrounded by nature. The parks are ours to use!**

WATCH FACEBOOK FOR ANY UPDATES OR CHANGES!

TUESDAY

FREE GENTLE TAI CHI

Tai Chi integrates the body and mind to improve health, fitness, and relaxation. This class benefits all levels of ability, including wheelchair participants. For adults of all ages!

When: Tuesdays, June 4 -July 23
Time: 6:30 pm
Location: Veteran's Park, near the fire station
Instructor: Barbara Hogberg

TUESDAY

FREE KID'S YOGA IN ST. MARY'S PARK

Yoga is a great activity for your child! In Kid's Yoga, we will play yoga games, practice partner poses and build self-esteem and confidence along with strong and healthy bodies. Your child should be prepared to move, groove, and have fun! Participants should bring a mat or towel and a water bottle. Parents will need to fill out a registration form on site for their child to participate, and must stay onsite while their child is attending the class.

When: Tuesdays, June 25 – August 6
Ages: Youth ages 5-12 (parents are welcome to join)
Time: 6:30-7:15pm (parent must stay onsite)
Location: St. Mary's Park Band Shell
Instructor: Diane Ausmus is passionate about yoga and has been teaching for over 20 years. She has a special education degree and has received her level 1 training at Budding Yogis to teach children's yoga. Diane has completed her 200 hour yoga training at Mindful Movement. She strives to inspire and help families develop healthy and peaceful minds and bodies.

WEDNESDAY

FREE STORY TIME IN ST. MARY'S PARK

The wonderful librarians from the Monroe County Library System will bring stories to read to children of all ages in a shady corner of the park. (Parents may need to stay with their young child.) Anyone is free to attend, and the story time does coincide with free Yoga so parents can set up near the reader to exercise too. What a bargain! Bring your little one and listen in!

When: Wednesdays, June 5 – July 31,
no class on July 3,
no Story Time in August
Time: 7-8pm
Location: St Mary's Park
Leaders: Monroe County Library System Librarians

WEDNESDAY

FREE YOGA FOR TEENS AND ADULTS

The first six weeks Malissa Whited will lead participants in a basic Yoga flow, incorporating stretching, relaxation, and brath. Diane Fidler will continue the class and finish up the remaining weeks ending with the last class on August 22.

This gathering is open to teens and adults of all levels and abilities. Participants are encouraged to bring a mat or large beach towel to practice on, wear comfortable clothing (keep in mind that you will be reaching your hands over your head), and bring some water in case it is warm outside.

(For mothers with children, Family Story time will also be held in the park during these dates and times, in June and July only)

When: Wednesdays, June 5-August 21, no class on July 3
Time: 7-8pm
Location: St Mary's Park Band shell

GENERAL INFORMATION

How can we HELP YOU?

E-mail us your comments, suggestions, questions or concerns at: recreation@monroemi.gov, or give us a call at: 734-384-9156.

This newsletter can be viewed and downloaded on the City of Monroe website: www.monroemi.gov and on Facebook. It can also be sent directly to your email if you request.

Facebook: City of Monroe, MI Parks & Recreation Dept

Program Information, rainouts and cancellations will be posted here when possible. Please check our page for updates since all updates aren't viewed in all newsfeeds.

Program Cancellations

When you register for any of our programs, please just show up at the times and dates listed for your activity. The Parks & Recreation Department reserves the right to cancel any activity due to lack of enrollment, inclement weather, or cause beyond our control. Every effort will be made to contact the participants in advance and to schedule a makeup date and time. Most cancellations are posted on our Facebook page.

Call Us Before You Come

It is our greatest desire to serve all participants that visit our office. With limited staffing, we may not always be open at lunch. Please call us before at 734-384-9156 to make sure someone will be here if you need to see us on your lunch hour.

Registration

Participants may use the form provided in this newsletter or at our office at City Hall, 120 E. First St. Registrations are accepted through the mail or dropped off in our office or using the drop box located off the parking lot adjacent to City Hall.

Instructors Wanted: Adult Activities and Programs

Do you have a specialized skill or area of expertise you would like to teach others in the community? Contact us today at 734-384-9156.If you enjoy doing it, chances are, others will too!

Activity Photos

If photos are taken of participants in a class, during a special event, or at the City's parks, they are for the Parks and Recreation usage only and may be used in our brochures, pamphlets, flyers, Facebook, or on the website.

Statement of Inclusion

We want people of all abilities to be able to participate in our programs. We encourage and promote recreational opportunities that include everyone.

Always Ask Your Doctor First!

As with any exercise, there are risks. A physician's exam is recommended for all participants who have any exercise restrictions and/or over 40 years of age. Be smart with your health!

Youth Scholarships

As funds are donated, a limited number of partial scholarships for youth from low income households to participate in programs will be available by summer. Applicants will be required to submit income forms. Please call 734-384-9156 if you would like to donate or apply for this program.

Late Registrations

Late registrants may be responsible to order and pay for their own tee shirt for all activities that include a tee shirt.

Program Philosophy

City of Monroe Parks & Recreation Dept classes, facilities, events, and sports teams are designed to give opportunity for personal growth, good sportsmanship, responsible stewardship, making new friends, and physical fitness to all skill levels. Activities are geared for recreational fun, not unhealthy competition.

PARKS & RECREATION STAFF HERE TO SERVE YOU!

If you haven't yet met all of our parks and recreation staff, we want to take this opportunity to introduce ourselves. Please feel free to contact us with any questions or concerns you may have about our parks and programs. We are here to serve you!

Loretta LaPointe,
Director of Parks & Recreation
loretta.lapointe@monroemi.gov
734-384-9193

Amy Poley,
Recreation Programmer
amy.poley@monroemi.gov
734-384-9156

Brad Willey,
Parks Supervisor
brad.willey@monroemi.gov
734-384-9120

Chuck Boes,
Heavy Equipment Operator
charles.boes@monroemi.gov
734-384-9120

STEWARDSHIP MONROE

Special thanks to our 2018 Stewardship Monroe volunteers Cristian McCarty, Quinn Yaeger, CSDD Day Program, Trinity Lutheran 5th grade, The Hobbs Family, Pastor Dan Potts and Serve Monroe, Tim VandenHeuvel and David Keister for helping at our city parks. They spent many hours picking up trash, debris, sticks, spreading mulch, and painting, making our city parks beautiful, for everyone to enjoy!

Thank you volunteers!

If you are interested in volunteering to help make Monroe a better place to live and play, call us at (734) 384-9193. We would love to have you on our team!

PARK RULES AND REGULATION REFRESHER

From time to time, it is important to review some park rules to make sure all park users are safe and enjoy their visit. All City of Monroe parks rules and regulations are posted in parks, and are enforced under city ordinance no. 95-017. We are highlighting a few in this newsletter.

Smoke Free Parks

We've all heard the negative effects of smoking; it compromises the immune system, increases respiratory infections, causes heart and lung damage, increases the risk for osteoporosis, increases the risk for cancer, and more. Even secondhand smoke can cause the same diseases in those who have never smoked.

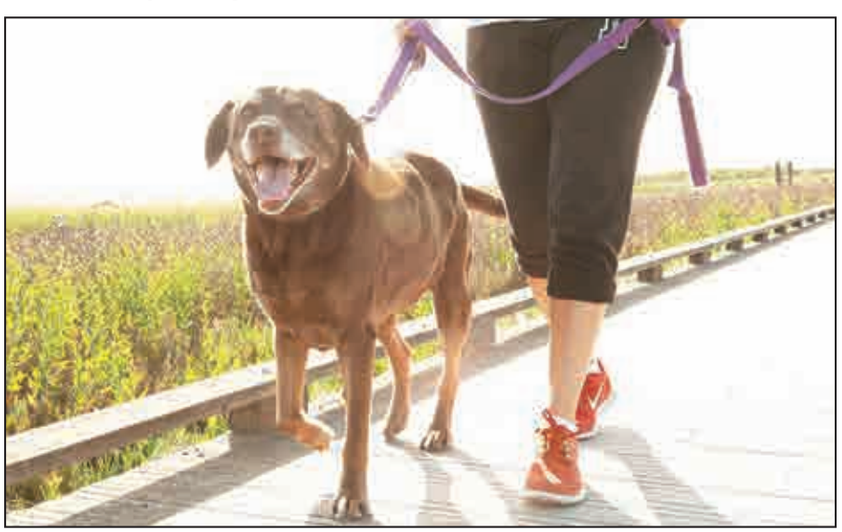
Public Act 188 of 2009, Michigan's Smoke-Free Air Law established that all food establishments and all public places are now smoke free. This law was passed to "preserve and improve the health, comfort, and environment of the people of the state by limiting exposure to secondhand smoke."

In an effort to create healthier parks, especially for children, the City of Monroe Parks and Recreation Department has adopted a smoke free park policy. While this may take some time for all to be aware of, we will strive to educate all park users.

For help to quit, please call 1-800-QUIT-NOW (1-800-784-8669). Let's work toward a healthier Monroe!

All Dogs Must be on Leashes

In all City parks, dogs must be on a leash not over six (6) feet long and cannot not run at large. While your dog may seem safe to you, dogs can be unpredictable. Not everyone is an animal lover, and some park users may even feel unsafe when dogs are running off leash. Owners of domestic animals shall be held responsible for the presence of their animal in any of the City parks and playgrounds. While it may seem tempting, parks are not off leash areas. Please leash your dog at all times!



The City of Monroe Staff Is Here To

SERVE YOU!

Residents can find the help they need by phone, online, or in person.

City Hall: Open Monday – Friday, 8:00 am till 4:30 pm

What can we do to help? Listed below are phone numbers and a brief summary of the most commonly used services. Voicemail is available 24/7.

We're Online! www.monroemi.gov

MyMonroe On the Go: The City of Monroe now offers a smartphone app, 'MyMonroe On The Go,' to report civic issues in the community. It's a convenient way for residents and visitors to report non-emergency concerns and track a report through to its completion. Available as a free download in both IOS and Android, or linked to the City's web site: www.monroemi.gov.

E-Services: Online services include payments for parking tickets, water bills, and tax bills. Also available are the performance dashboard, updates on the River Raisin project, job postings, community calendar, city ordinances, staff directory, and much more.

Facebook: City of Monroe, MI Parks & Recreation Dept, The City of Monroe, Michigan and Downtown Monroe, MI

Like all three pages to keep up on latest news and photos!

Assessor: (734) 384-9166

Property information can be viewed online under "Property Information". Valuations are estimated annually as of December 31. Notice of Assessment changes are sent out in February, and the Board of Review is held in March. Tax bills are mailed out in May and December.

Building/Zoning: (734) 384-9186

Blight violations and building permits are handled through the Building Dept. Some forms are also available to download online. An application for any special event that will be held in a city park or within the city limits may be requested at the Building Department.

Office of the Clerk-Treasurer: (734) 384-9140

Michelle J LaVoy, Clerk-Treasurer

The office of the Clerk-Treasurer is your point of contact for anything in the city having to do with voting, council agendas and minutes, public records, freedom of information requests and permits to sell items including food to the public or to raise money for charity. We also collect all city payments including but not limited to taxes, utilities (water) and recreation fees. Cash, checks or credit cards are accepted for payments. For your convenience, there is a 24 hour drop box located on the south side of city hall, off of Macomb Street in the City Hall parking lot.

DPS – Department of Public Services: (734) 384-9125

Any issues with trash pick-up, recycle bins, leaf bags, yard waste collection, potholes, street sweeping and drainage, snow removal, traffic signals, high grass and weed reporting, and forestry, including tree planting, trimming, and removal, can be directed here.

Yard waste pick up begin in early April and runs through the first full week in December.

Economic Development

Mark Cochran, Assistant to the City Manager & Economic Development Coordinator, 734-384-9129

Annette Knowles, Downtown/Economic Development Coordinator, 734-384-9146

The City of Monroe is home to a diverse business community ranging from large international corporations to entrepreneurial small businesses. Working with federal, state and local partners, the City's economic development staff proactively works with businesses and residents to offer a higher quality of life and success. The Monroe Downtown Development Authority is one local partner that focuses its efforts on preserving and enhancing the downtown district through promotion, development and building a sense of place.

Engineering: (734) 384-9126

Any streetlight outages, utility information and mapping, and construction project information is available through the Engineering Dept.

PUBLIC SAFETY

FIRE

Central Station, 75 Scott St: (734) 241-1626

West Side Station, 1755 N Custer: (734) 241-0522

Facebook: Monroe Fire Department

POLICE

Non-Emergency: (734) 243-7500

Make a report or complaint: (734) 241-3300

Human Resources: (734) 384-9195

The City's employment application, current job openings, various collective bargaining agreements, and the City's Title VI non-discrimination plan are available online. City policies & procedures and employee benefit summaries are also available.

Mayor/Manager: (734) 384-9144

Mayor: Robert E. Clark

Council:

- Paula Whitman, 1st Precinct
- John Iacoangeli, 2nd Precinct
- Kellie Vining, 3rd Precinct
- Michelle Germani, 4th Precinct
- Brian Lamour, 5th Precinct
- Andrew Felder, 6th Precinct

City Manager: Vince Pastue

*Not sure what precinct you live in? Call the Clerk's office, (734) 384-9136.

Parks and Recreation: (734) 384-9156

Any issues with park maintenance may be reported on MyMonroe On the Go app, or please call 734-384-9120.

Information on recreation programs, shelter rentals, Stewardship Monroe volunteer opportunities, and concerts in the park is available in our newsletters or through our office. Events may be posted on our Facebook page (City of Monroe, MI Parks & Recreation Dept). Don't wait for flyers through schools; get all the info you need quickly!

Wastewater: (734) 241-5926

Please report any sewer backup or odor to this number.

Water: (734) 384-9150

For emergencies after hours and weekends: (734) 241-5947

Request automatic payment plan, water e-bill, report a damaged hydrant, water service line, meter information, water billing issues, and water quality or pressure concerns.

2019 PARK FACILITY RESERVATIONS

Park Rentals open February 1st, at City Hall, 120 E. First Street Monroe, MI 48161, 734-384-9156
Open Monday - Friday, 8:00a.m. - 4:30p.m.(Office may close for lunch: please call to confirm)

Please call us for information on how to start the process for a special event application. Special events must be requested 8 weeks in advance.

Type of Facility	Location(s)	City Resident Fee	Non City Resident Fee
Large Shelters (with electricity)	Munson #1/Restroom Munson #2/Gazebo (approx 90 people each)	$65.00	$85.00
Small Shelter (no electricity)	St. Mary's (approx 35 people)	$50.00	$65.00
Band Shell / Shelter	St. Mary's (Key deposit is refunded if bandshell is properly locked and key is returned on time.)	**$300.00 Rental Fee + $150.00 key deposit = $450.00**	**$365.00 Rental Fee + $150.00 key deposit = $515.00**
Neighborhood Small Shelters **(Veterans Park 1 & 3 have electricity)**	Boyd, MLK, Hellenberg, Veteran's Soldiers & Sailors	$25.00	$35.00
Corporate Event Fee City Resident Businesses Only	**All Parks (Amenities additional fee)**	$250.00	N/A
Clean-up Deposit	Corporate and Special Events. Refunded if Park is cleaned after event.	$200.00	N/A
Wedding Gazebo	Lauer-Finzel Parking Lot	$100.00	$150.00
Ball Diamonds	**Munson (Youth & Adult), Fr. Cairns**	$25 Per Field Per Hour	$35 Per Field Per Hour
		Field lining is additional. Rental does not include access to Munson score shed or use of lights.	
Sand Volleyball Courts	Munson	$25.00	$35.00
Tennis Courts	St. Mary's, Munson, Soldiers & Sailors	$25.00	$35.00

City of Monroe Park Facility Cancellation Policy: Any person who has reserved a facility may cancel a reservation by notifying the Monroe Recreation Department no later than three (3) weeks (21 calendar days) prior to the scheduled use, less 10% handling fee. No refund for inclement weather. Refund requests must include name, date of reservation and facility rented. Refund will be mailed by check within 30 days of the date of cancellation. Failure to provide cancellation notice within the established time period will forfeit the reservation fee.

THE CITY OF MONROE PARKS & RECREATION DEPARTMENT MISSION STATEMENT

A mission statement helps us define who we serve, identify the services we provide, and describe the geographical location we serve.

"The mission of the City of Monroe Parks and Recreation is to enhance the lives of its citizens and visitors by encouraging a healthy lifestyle and offering safe and quality parks and recreation experiences that highlight our area's natural and cultural resources."

A HUGE thank you to the commissioners of our Parks and Recreation Advisory Commission; Garry Knapp, Lucie Fortin, Cheryl Miller, Bob Cebina, Karen Feldman, Dave LaMontaine, and Mary Minney for all their hard work!

DISCOUNT TICKETS

The Monroe Parks & Recreation Department participates in the **Detroit Zoo Tickets and More Online Discount Program!!** You may buy specially priced tickets for the Detroit Zoo over the internet with the added convenience of printing your tickets and then presenting them at the Zoo entrance. Purchasing tickets has never been easier!

You may purchase tickets online immediately by visiting your exclusive **Detroit Zoo Tickets and More Online Discount Program** ticket store. Go directly to your online 24/7 store from any computer with the Internet connection to: https://tickets.detroitzoo.org and enter your exclusive Ticket Store User Name: Monroe

We hope you and your family enjoy the Detroit Zoo this season!

For more information contact the Monroe Recreation Dept. at 734-384-9156 today!

DROP BOX REGISTRATION

If you cannot get to City Hall during regular business hours the city payments drop box is here to serve you! It is located on the outside of City Hall off the Macomb St. parking lot on the south side of the building. Please use an envelope when turning in forms/making payments.

CITY OF MONROE RECREATION REGISTRATION FORM

120 East First Street, Monroe, MI 48161; Phone: 734-384-9156; Office Hours: Mon.-Fri., 8:00 a.m. – 4:30 p.m.
E-mail: recreation@monroemi.gov; Website: www.monroemi.gov
Drop off or mail in registration. Late registrants may be responsible to pay for their own tee shirt.

Participant's First & Last Name	Date of Birth	Age	Gender	Shirt Size (If Applicable) YS YM YL AS AM AL AXL AXXL	Activity Name / Session	Fee
			M / F			

Adult Participant/
Parent's Name: _____
Phone: _____ Alt. Phone: _____
Street Address: _____
City: _____ State: _____ Zip Code: _____
E-Mail: _____
Emergency Contact
Name (Not Parent): _____
Emergency Contact Phone: _____
Interested in Coaching? (Print your name and phone number) _____
_____

RELEASE AND INDEMNITY AGREEMENT

In consideration of this registration being accepted, I hereby, for myself, my heirs, executors, administrators and assigns waive and release any and all rights and claims for damages which I may have against the City of Monroe, the Monroe Recreation Department, and/or their employees, agents, representatives, successors and assigns on account of any injuries suffered by myself and/or any child of mine arising out of my or our participation in the program or activity above referenced. I further agree to indemnify and hold harmless the City of Monroe, the Monroe Recreation Department, and/or their employees, agents, representatives, successors and assigns from any and all claims which may be made by or account of any person on account of any rights and claims released by this document. This indemnity agreement includes any and all damages, costs and attorney fees.

I agree that any child of mine will participate according to the rules, regulations, and/or bylaws for the activity referenced above. I understand that special requests are not guaranteed. If photos are taken of participants in a class during a special event or at the City parks, they are for the Monroe Recreation Department usage only and may be used in the Monroe Recreation Department brochures, pamphlets, and flyers, or on the web.

SIGNATURE: _____ DATE: _____

YOUTH BALL ONLY Ages 9 and older are placed on teams by skill level. (PLEASE COMPLETE THIS SECTION) NO SPECIAL REQUESTS

My child has participated in organized t-ball, baseball or softball for _____ years. Indicate the amount of experience your child has at **EACH** position listed

	PITCHER	CATCHER	INFIELDER	OUTFIELDER
SOME				
NONE				
VERY				

I request my child be moved up one league and I take full responsibility for moving them up. (Please initial here) _____

OFFICE USE ONLY: _____ _____ _____ _____ Concussion Form ☐
Date Received Receipt No. Total Paid Initials