



MONROE RECREATION DEPARTMENT ADULT VOLLEYBALL RULES & REGULATIONS



DRAFT 9-16

RULE I Playing Rules

Section 1. Games shall be governed by the Adult League By-laws and the United States Volleyball Association except as modified herein.

RULE II Contract, Eligibility, Team Makeup

Section 1. No players may be added after their 4th scheduled game. Rosters are frozen after the 4th scheduled game.

Section 2. There will be a maximum of 12 players per roster.

Section 3. A player may not play on more than one volleyball team sponsored by the Monroe Recreation Department in each League (Open, Men's, Women's, and Coed) in the same year.

RULE III Game Administration

Section 1. A match consists of three sets.

Section 2. Rally scoring will be used for all three sets. The first two sets will be to 25 points with a 27 point cap, and the third set will be to 15 points with a 17 point cap.

Section 3. The Monroe Recreation Department reserves the right to modify Section 1 and 2 above depending on the number of teams that register and the amount of gym time granted for administration of the league.

Section 4. League Standings: Teams will receive one (1) point for each set won and zero (0) points for each set lost.

Section 5. Winners of each round will play each other to determine league and division champions.

Section 6. All players on all teams must sign in prior to entering their first set of each match. The team manager or a team representative must sign the official score sheet at the end of the match.

Section 7. The service area is extended to include the full width of the court behind the end lines, allowing the server to serve from anywhere behind the end line.

Section 8. When a team starts the set with less than six (6) players, if/when the additional player(s) arrive; they must enter the court at the middle back position.

- Section 9. One time out per set (30 seconds each).
- Section 10. Coed Only - Serving order and position on the floor must be an alternation of male and female. (Exception: If a team is using more females than males, two or more females may serve in a row but not two males).
- Section 11. Coed Only - When the ball is played more than once by a team, one of the contacts must be a female player.
- Section 12. Coed Only - One back court player may also block when there is only one male player in the front line.
- Section 13. Monroe Recreation will provide game balls. Teams are responsible to provide their own ball for pre-game warm-ups.
- Section 14. Make-ups due to cancellation will be made up as determined by the Monroe Recreation Department and may not be on the same night as regularly scheduled game as gym availability dictates. Managers are responsible for coordinating with the league director to find out the date and time of their rescheduled match. Failure of a team to show up for a rescheduled match will result in a forfeit.

RULE IV Substitutions

- Section 1. Teams may substitute players by using the Rotation System or the United States Volleyball Association rules. The manager must declare prior to the match which substitution system that their team will use. One substitution system must be used for the entire match.
- Section 2. Teams using the Rotation System must rotate players in after loss of serve for the server.

RULE V Forfeits

- Section 1. Match time is forfeit time.
- Section 2. No set shall start with less than four (4) players. (All leagues.)
- Section 3. In the coed league a team may play with three (3) females and two (2) males or two (2) females and two (2) males. A co-ed team may not play with three (3) males and two (2) females. (A co-ed team may play with more females than males, but not more males than females)

RULE VI Standing Ties

- Section 1. A best two (2) out of three (3) sets will be played to break ties for first place for round play and league championship play.