



## City of Monroe

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### Department of Recreation

June 21, 2013

All Parents/Guardians of youth participants:

The State of Michigan passed a law in 2012 that addressed concussions in youth sports by providing a mandatory online training for all coaches. Parents and athletes (if able) will also be required to sign a form provided by the Recreation Department that they have received the information about concussion symptoms and a course of action should they be concerned that their child may have suffered a concussion. This form will be kept on file at our office until the child turns 18. The form only needs to be signed and turned in *one time*. Once on file, there need be no further action. Youth will not be able to participate in sports until the form is completed and on file.

With the increase in concussions, it is important that we put the health and welfare of our youth first! Ignoring the symptoms of a concussion can have life-long consequences, including long term memory issues, brain swelling, strokes, and coma.

If your child is removed from play for a suspected concussion, you will be required to submit a "Medical Clearance to Return to Play" form signed by an appropriate health professional authorizing the athlete's return to physical participation in the athletic activity. This form is available from the Recreation Department upon request.

Parents should also familiarize themselves with the online information to assure your child is safe. Although the parents are not required to watch the training, it is very informative and worth your time. Also, there are resources and information on the site just for parents. Please visit the link below and view the information on the nature and risk of concussions, the criteria for the removal of a participant from physical participation if a concussion is suspected and his / her return to play, and the risks of not reporting a suspected concussion and continuing to participate.

Below is the link to the site. Take some time and look through the information that is available and be prepared. Your child's future is important!

**LINK TO MICHIGAN SPORTS CONCUSSION LAW AWARENESS TRAINING SITE**  
[http://michigan.gov/mdch/0,4612,7-132-54783\\_63943---,00.html](http://michigan.gov/mdch/0,4612,7-132-54783_63943---,00.html)

Remember to read the form with your child, both sign (if the child is old enough to write his / her name), and turn the form in to our office. Without the form on file, your child will not be able to participate. This is now a state law!