



City of Monroe

Department of Recreation

June 21, 2013

To all seasonal staff, coaches, and volunteers:

The State of Michigan passed a law in 2012 that addressed concussions in youth sports by providing a *one-time* mandatory online training for all coaches, volunteers, and employees. Parents and athletes will also be required *one-time* to sign a form that they have received the information about concussion symptoms and a course of action should they be concerned that their child may have suffered a concussion. Ignoring the symptoms of a concussion can have life-long consequences, including long term memory issues, brain swelling, strokes, and coma. It is important that we put the health of our youth first!

This concussion awareness training for coaches is available online at no charge. This training only needs to be done once, forever. However, the certificate will need to be submitted to each organization with which the individual is involved. For example, if you coach both for school *and* the Recreation Department you are required to submit your certificate to be kept on file at each organization, both now and in the future.

This training addresses the following areas:

1. The nature and risk of concussions.
2. The criteria for the removal of a participant from physical participation if a concussion is suspected and his/her return to play.
3. The risks of not reporting a suspected concussion and continuing to participate.

To accomplish this, each volunteer coach/seasonal staff that is involved in one of our programs deemed to fit under this law is required to complete a one-time online training to equip them to recognize the symptoms of a concussion, and to be familiar with the procedures to follow should an incident occur. Below is the link to begin your training.

LINK TO MICHIGAN SPORTS CONCUSSION LAW AWARENESS TRAINING SITE

http://michigan.gov/mdch/0,4612,7-132-54783_63943---,00.html

Choose the 'Youth Sports Training' video, and complete the training. You will be asked to put your name as you would like it to appear on the certificate. Print the certificate and mail, scan, fax, or deliver to the Recreation Department. Once you navigate away from the page, you cannot reprint your certificate. You may want to keep a copy for your records should you coach for another organization. You only need to watch once. This is required for all coaches and you will not be able to coach without it!